



COME AND SUPPORT OUR DEMENTIA CAFÉS

Our FREE café provides a drop-in service for anyone who may need support, information, or advice about Dementia.

This informal get together can be attended without booking or a referral.

See below for September dates and venues.

Age UK Hythe

CT21 6BD

20th Sept

1:30pm - 3:30pm

Age UK Lyminge

CT18 8HQ

29th Sept

1:30pm - 3:30pm

We offer a FREE bus service from Hythe to Lyminge.

Collection times are 1:00pm and drop off is 3:45pm (booking essential)



For more information:
01303 269602 or 07379646426
demo@ageukhl.org.uk

Charity number: 1125274 Company number: 6589817